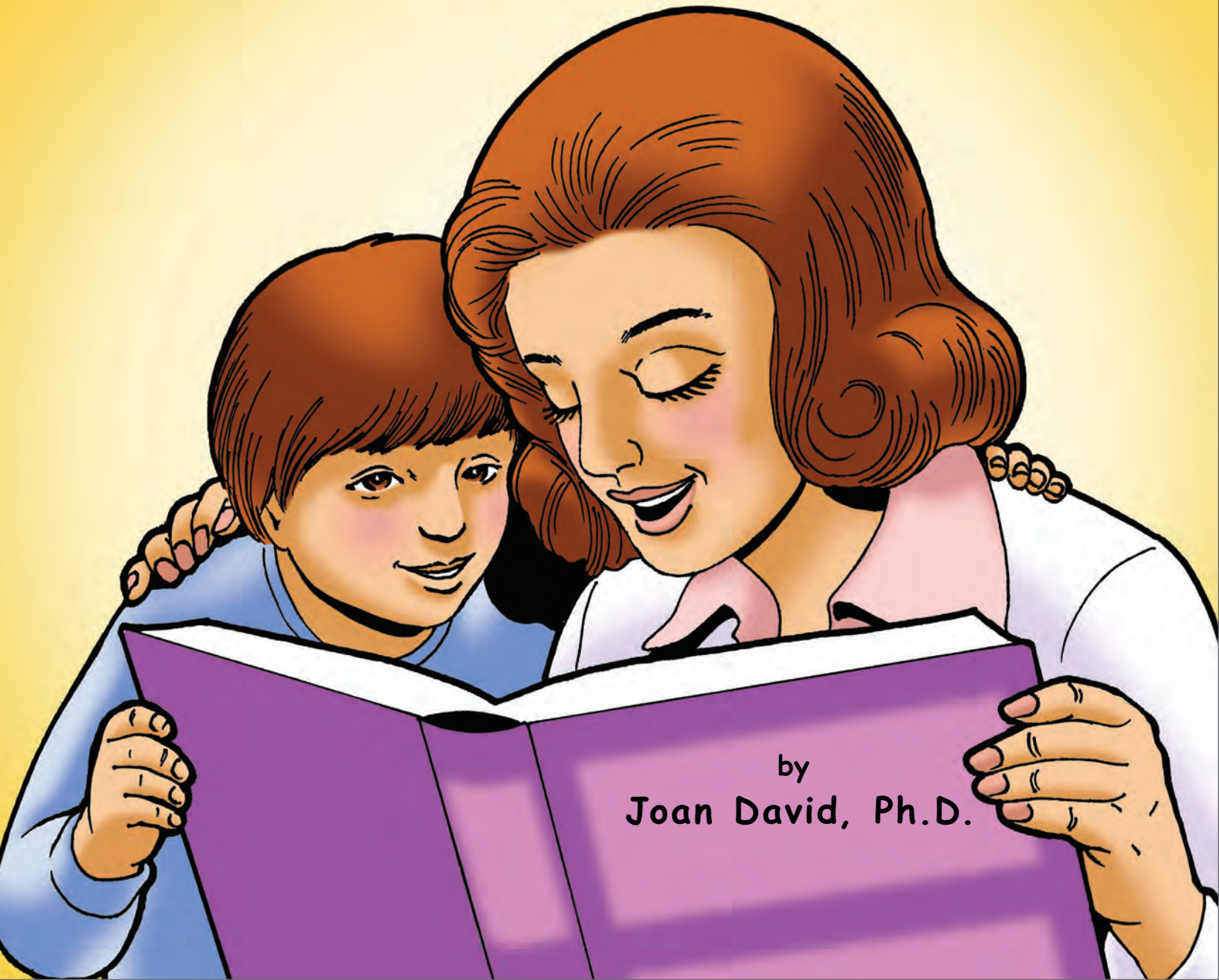


# STORY TIME



by  
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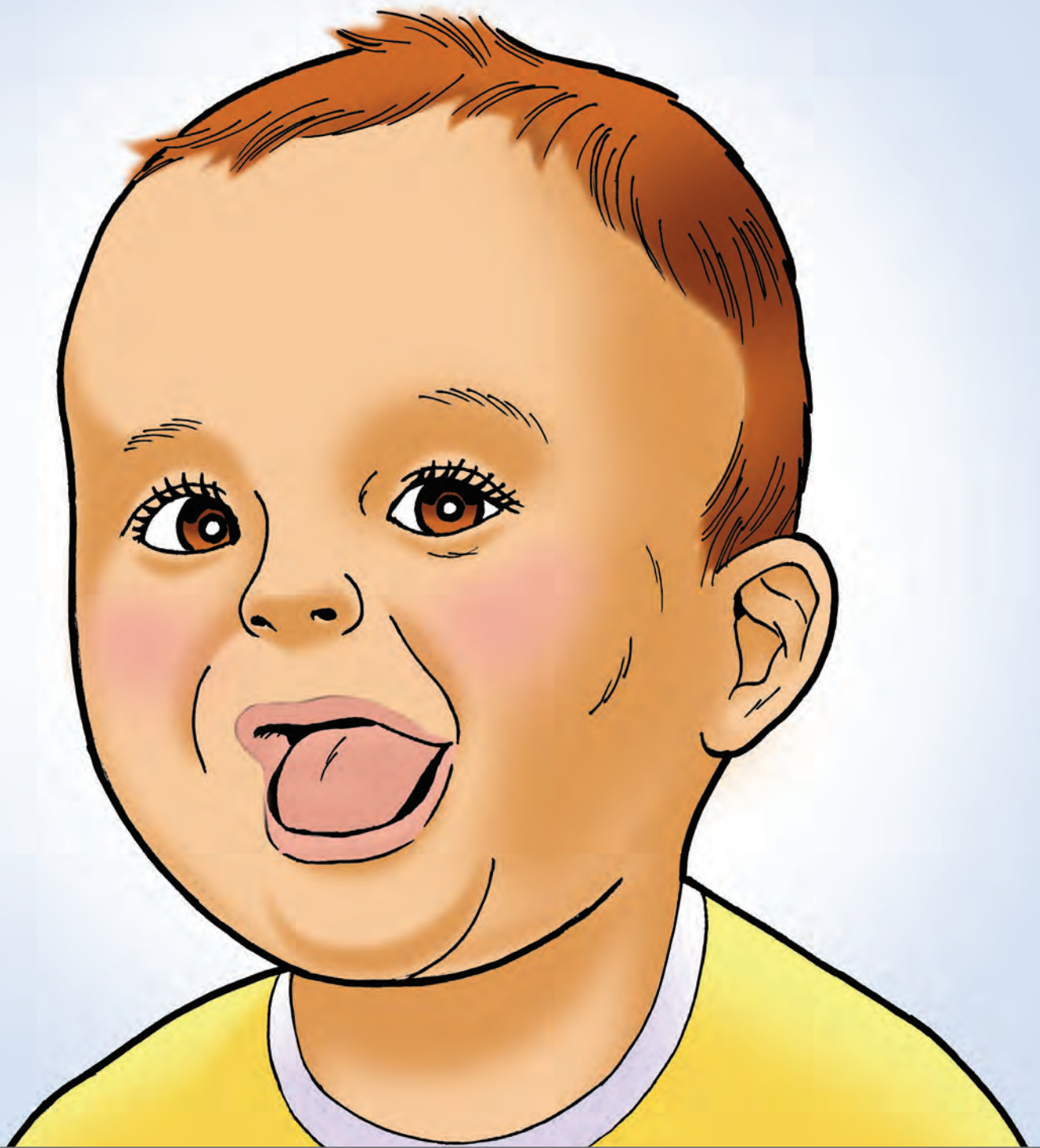
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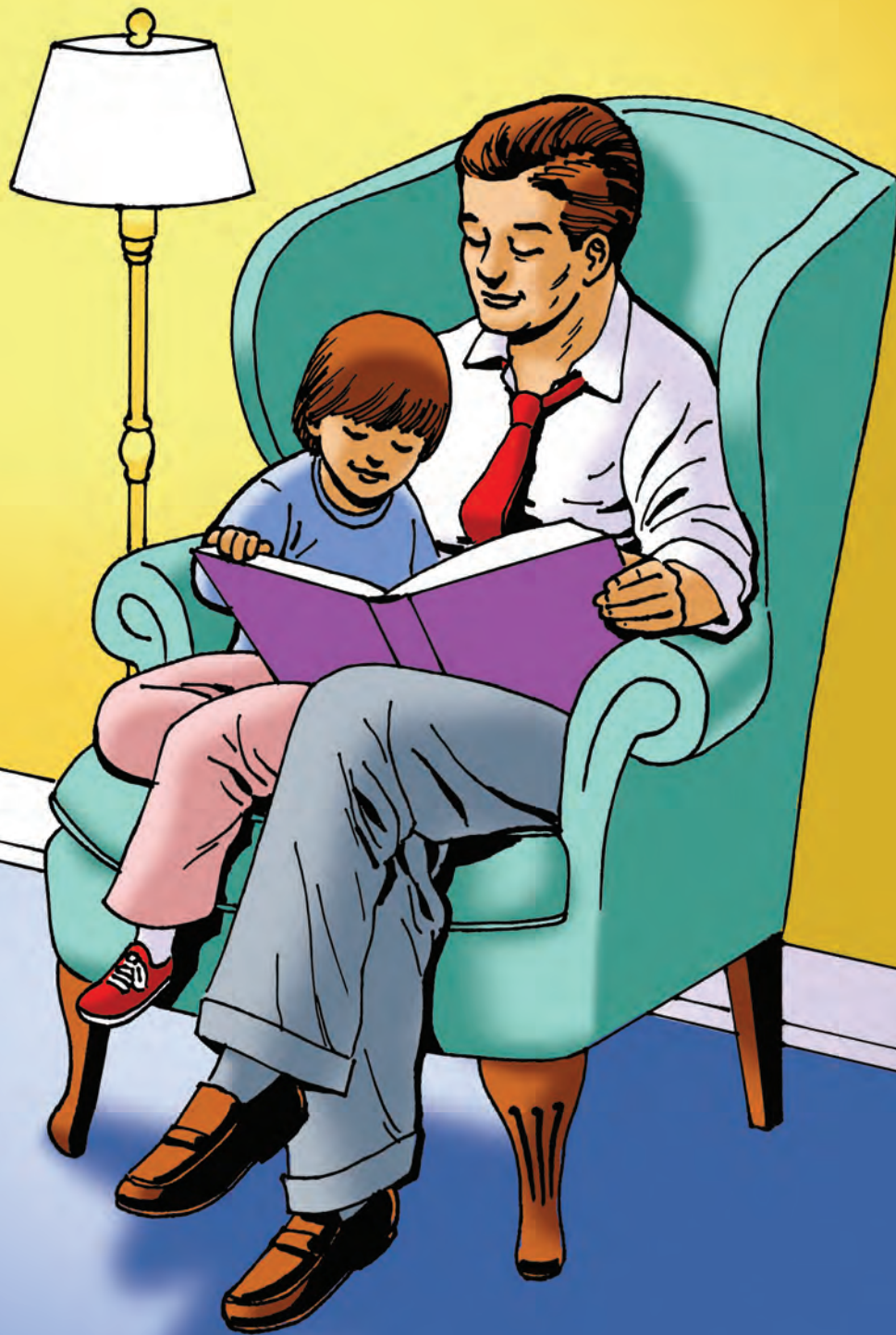


Milton Keynes, UK

This book is dedicate to Aiden, Jessica & Eric



Once upon a time,  
There was a baby just like you,  
And story-telling time,  
Was their favorite thing to do.



Before we start this story,  
Things need to be j-u-s-t right,  
Sit close to Mommy/Daddy,  
Sooo cozy, warm and nice.





One of the things that baby likes to do  
Is sing songs like Weensy Spider or  
Rock A Bye Baby or just  
La, la, la.

What is your favorite song?

Can you and Mommy/Daddy sing your favorite song too?

Sing, sing, sing



While you are singing,  
Dancing can be fun,  
You can dance by your self,  
And before you are through,  
Mommy/Daddy can pick you up  
And  
Dance,  
Dance,  
Dance,



All through the house

With you.

Dance.

Now that you are sitting close,

Mommy/Daddy look at baby's face,

Baby look at Mommy/Daddy's face.

Point to each others

Eyes (say eyes),

Mouth (say mouth),

And

Nose (say nose),

And gently touch each others hair (say hair).

Look at each other, For awhile,

Until you can see Each other smile. Smile



Counting finger can be fun,  
Put baby's hand on top of Mommy/Daddy's hand  
And count fingers, everyone.  
One big hand (Mommy/Daddy)  
And one little hand (baby)





Another fun thing to do with hands,  
Is a game called Patty-Cake  
Play together -  
Patty cake  
Patty cake  
Bakers man.  
Bake me a cake  
As fast as you can.  
Roll it in the oven  
And put it in a pan  
For Baby and me."



Or how about a game of  
Peek-a-boo?  
Mommy/Daddy cover your eyes  
Then open your hands  
And softly say "boo".  
Let baby do this too.



Recognizing animals

And the sounds that they make  
can be a lot of fun.

Take turns saying these sounds.

Mooooo, says the cow.

The dog says bow wow,  
and the cat says meow.



Touching is a good thing to do,  
Rocking baby,  
Holding hands,  
Hugs and kisses too.  
Mommy/Daddy give baby a kiss.  
Baby give Mommy/Daddy a kiss.  
And say the words, "I love you."  
Say it soft... "I love you."  
Say it loud...  
"I love you."

This book was written for the purpose of encouraging and enhancing the Parent/Child relationship. The research tells us that the process of bonding and or attachment occurs not only in the first few hours of the infant's life, but rather is an ongoing process throughout childhood and well into early adulthood. Many parents today are concerned about maintaining a positive and close relationship with their children; reading, interacting and playing with your young children are some of the best ways to bond with them and can also increase the quality of your relationship now and in the future.

Joan David, Ph.D.